



# Developmental Foundations: Primitive Reflexes & Core Competency Connections

Competency growth occurs over time and across contexts. Each week, the on-line lessons, activities, and self-assessments provide students with opportunities to explore, develop and assess skills and competencies within the BrainAhead context.

Each week has one Competency and Skills Building Activity and one Student Self-Assessment per grade strand unless otherwise specified.

<b>Grades Strands:</b> <b>K-1</b> <b>2-3</b> <b>4-5</b>	<b>Core Competency Connections</b>	<b>Competency and Skill Building Activities/            Critical and Reflective Thinking and            Goal-Setting Activities</b>	<b>Student Self-Assessments</b>
<b>Week 1</b>	<ul style="list-style-type: none"> <li>● Personal Awareness and Responsibility</li> <li>● Communicating/ Collaborating</li> <li>● Creative Thinking</li> </ul>	<ul style="list-style-type: none"> <li>● Self-regulation: fine-motor practice/hand-eye coordination practice</li> <li>● Use your imagination</li> <li>● Create and share</li> </ul>	<ul style="list-style-type: none"> <li>● Monitor learning</li> <li>● Evaluate progress</li> <li>● Set goals</li> <li>● Well-being</li> </ul>
<b>Week 2</b>	<ul style="list-style-type: none"> <li>● Personal Awareness and Responsibility</li> <li>● Critical and Reflective Thinking</li> <li>● Communicating/ Collaborating</li> </ul>	<ul style="list-style-type: none"> <li>● Notice and name aspects of emotional and physical well-being,</li> <li>● Connect learning in BrainAhead on-line to self</li> <li>● Show and share feelings</li> </ul>	<ul style="list-style-type: none"> <li>● Reflect on progress this week</li> <li>● Make judgements about learning</li> <li>● Self-assessment</li> <li>● Set goals and planning</li> </ul>

<b>Week 3</b>	<ul style="list-style-type: none"> <li>Personal Awareness and Responsibility</li> <li>Critical and Reflective Thinking</li> </ul>	<ul style="list-style-type: none"> <li>Notice and naming aspects of emotional and physical well-being,</li> <li>Connect learning in BrainAhead on-line to self</li> <li>Show and share feelings</li> </ul>	<ul style="list-style-type: none"> <li>Have a sense of worth and pride in learning</li> <li>Communicate accomplishments</li> <li>Target area for growth</li> </ul>
<b>Week 4</b>	<ul style="list-style-type: none"> <li>Critical and Reflective Thinking</li> </ul>	N/A	<ul style="list-style-type: none"> <li>Students make judgements about learning for the week</li> <li>Identify preferences, challenges and areas for growth</li> </ul>
<b>Week 5</b>	<ul style="list-style-type: none"> <li>Critical and Reflective Thinking</li> <li>Communicating/ Collaborating</li> </ul>	<ul style="list-style-type: none"> <li>Self-regulation: fine-motor practice/hand-eye coordination practice</li> <li>Create</li> </ul>	<ul style="list-style-type: none"> <li>Analyze and critiquing performance</li> <li>Make assessments</li> <li>Communicate feelings</li> </ul>
<b>Week 6</b>	<ul style="list-style-type: none"> <li>Personal Awareness and Responsibility</li> <li>Critical and Reflective Thinking</li> <li>Social Awareness and Responsibility</li> <li>Communicating/ Collaborating</li> </ul>	<p><b>2 activities</b></p> <ul style="list-style-type: none"> <li>Explore actions/experiment with different ways of doing things</li> <li>Non-verbal communication/gather information</li> <li>Work with a partner</li> <li>Notice, name and express feelings</li> <li>Understand others and self and that differences make us special</li> </ul>	<ul style="list-style-type: none"> <li>Self-regulating</li> <li>Assess perseverance with difficult tasks</li> <li>Self-advocating for needs, accomplishments and preferences</li> </ul>
<b>Week 7</b>	<ul style="list-style-type: none"> <li>Communicating/ Collaborating</li> </ul>	N/A	<ul style="list-style-type: none"> <li>Assess collaboration skills</li> <li>Provide evidence</li> <li>Share criteria</li> <li>Set new goals</li> </ul>

<b>Week 8</b>	<ul style="list-style-type: none"> <li>Personal Awareness and Responsibility</li> </ul>	<ul style="list-style-type: none"> <li>Game format to practice exercises with a partner</li> </ul>	<ul style="list-style-type: none"> <li>Assess and express physical well-being</li> <li>Self-advocate</li> <li>Identify growth</li> </ul>
<b>Week 9</b>	<ul style="list-style-type: none"> <li>Critical and Reflective Thinking</li> </ul>	N/A	<ul style="list-style-type: none"> <li>Examine own thinking</li> <li>Reflect on goal progress based on observations, experience and through discussion with peers</li> <li>Evaluate how BrainAhead is helping you learn and focus</li> </ul>
<b>Week 10</b>	<ul style="list-style-type: none"> <li>Personal Awareness and Responsibility</li> </ul>	<ul style="list-style-type: none"> <li>Puzzle activity affirming student to self-advocate (share feelings)</li> <li>Individual or pair activity format</li> </ul>	<ul style="list-style-type: none"> <li>Self-assessment with goal setting and ability to enjoy trying</li> <li>Identify what student has worked hard on</li> <li>Identify areas of pride</li> </ul>
<b>Week 11</b>	<ul style="list-style-type: none"> <li>Personal Awareness and Responsibility</li> <li>Social Awareness and Responsibility</li> </ul>	N/A	<ul style="list-style-type: none"> <li>Assess and express physical well-being</li> <li>Self-advocate</li> <li>Identify growth</li> <li>Share and build relationships</li> </ul>
<b>Week 12</b>	<ul style="list-style-type: none"> <li>Personal Awareness and Responsibility</li> <li>Positive Personal and Cultural Identity</li> <li>Social Awareness and Responsibility</li> </ul>	<p><b>2 activities</b></p> <ul style="list-style-type: none"> <li>Understanding abilities</li> <li>Using strengths and abilities in relationships</li> <li>Interacting with others/contributing positively</li> <li>Building relationships/resolving issues</li> <li>Noticing and naming feeling of others</li> </ul>	<ul style="list-style-type: none"> <li>Understand abilities</li> <li>Interact with others/contributing positively</li> <li>Notice and name feeling of others</li> </ul>

<p><b>Week 13</b></p>	<ul style="list-style-type: none"> <li>• Positive Personal and Cultural Identity</li> <li>• Social Awareness and Responsibility</li> </ul>	<p><b>4 activities</b></p> <ul style="list-style-type: none"> <li>• Generate and develop ideas</li> <li>• Collaborate and explain plans</li> <li>• Identify strengths and abilities</li> <li>• Value diversity/building relationships</li> </ul>	<p>Generate and develop ideas</p> <ul style="list-style-type: none"> <li>• Collaborate and explain plans</li> <li>• Identify strengths and abilities</li> <li>• Value diversity</li> <li>• Build relationships</li> <li>• Think of/listen to others</li> </ul>
<p><b>Week 14</b></p>	<ul style="list-style-type: none"> <li>• Positive Personal and Cultural Identity</li> <li>• Social Awareness and Responsibility</li> </ul>	<ul style="list-style-type: none"> <li>• Describe growth</li> <li>• Value, celebrate and share accomplishments</li> </ul>	<p>Generate and develop ideas</p> <ul style="list-style-type: none"> <li>• Collaborate and explain plans</li> <li>• Identify strengths and abilities</li> <li>• Value diversity</li> <li>• Build relationships</li> <li>• Think of/listen to others</li> </ul>